LO disciplines

LO 1

LO 2, LO 3

**Details of the course** 

Department of Physical Culture.

Location (building, auditorium): sports halls

LO of thecourse

health, and preventing diseases.

South Kazakhstan Medical Academy, Al-Farabi 1, academic building No. 1,

5.1

6.

**ACADEMY**AO «Южно-Казахстанская медицинская акадел

Center for Physical Education

'Physical Education"

64/11-2025 1 page out of 16

Working curriculum of the discipline (Syllabus) Physical education

## Syllabus Curriculum for the discipline

1,0	General information about the Co	urse	V3.	600 11 2 KU, 23.
1.1	Course Code: FK 1(2)106	11.	1.6	Academic year: 2025- 2026
1.2	Course name: Physical Culture (m. compartment)	ain	1.7	Year:1
1.3	Prerequisites: Physical culture w framework of educational prog secondary, technical and vocational e	grams of	1.8	Semester: 1, 2
1.4	Post-requisites: Physical Culture	My Sign	1.9	Number of credits (ECTS): 4
1.5	Cycle: GED	2. My 3	1.10	Component: IC
2.	<b>Description of the discipline</b>	2 2 1/1/1	2.	You KI SI WE SE Y
3.	ns of physical culture.  Summative evaluation form	60,111.	1 3	Kurusi egnirik erek
3.	Summative evaluation form	SO 111-6	1 6	Kulusi egninik sek
<b>3.</b> 3.1	Summative evaluation form Testing	3.5		Course work
3.1 3.2	Summative evaluation form Testing Writing	3.6	E	Ssay
3.1 3.2 3.3	Summative evaluation form Testing Writing Oral	3.6	E P	ssay roject
3.1 3.2 3.3 3.4	Summative evaluation form  Testing Writing Oral Assessment of practical skills	3.6	E P	Ssay
3.1 3.2 3.3 3.4 4.	Summative evaluation form Testing Writing Oral Assessment of practical skills Discipline objectives	3.6 3.7 3.8	E P D	ssay roject Differentiated credit √
3.1 3.2 3.3 3.4 4. The abilit	Summative evaluation form  Testing Writing Oral Assessment of practical skills	3.6 3.7 3.8 dents' socia nethods of p	P D l and p	roject Differentiated credit √ Dersonal competencies and the
3.1 3.2 3.3 3.4 4. The abilit	Summative evaluation form  Testing Writing Oral Assessment of practical skills Discipline objectives goal of the program is to develop stu ty to purposefully use the means and n	3.6 3.7 3.8 dents' socia nethods of pohysical acti	P D l and p	roject Differentiated credit √ Dersonal competencies and the
3.1 3.2 3.3 3.4 4. The abilit stren	Summative evaluation form  Testing Writing Oral Assessment of practical skills Discipline objectives goal of the program is to develop stu ty to purposefully use the means and n gthen thebody, and regularly balance p  Final learning outcomes (LO discip Uses practical skills to preserve and s qualities, observe safety rules in physi	3.6 3.7 3.8  dents' socia nethods of physical actilines) strengthen had educated	l and pohysica vity.	roject Differentiated credit √ Dersonal competencies and the leducation to maintain health. Develop and improve physical ses.
3.1 3.2 3.3 3.4 4. The abilit	Summative evaluation form  Testing Writing Oral Assessment of practical skills Discipline objectives goal of the program is to develop stu ty to purposefully use the means and n gthen thebody, and regularly balance p Final learning outcomes (LO discip Uses practical skills to preserve and s qualities, observe safety rules in physi	3.6 3.7 3.8  dents' social nethods of pohysical actions of the social actions of the social actions of the social education of	l and pohysica vity.	roject Differentiated credit √ Deersonal competencies and the laducation to maintain health develop and improve physical ses.  ition, physical and functional

The learning outcomes of the EP, which are related to the

LO 14. Is capable of conducting health education and sanitary-

awarenessactivities aimed at improving public health, maintaining

LO 1. Applies fundamental knowledge in biomedical, clinical, epidemiological, and social-behavioral sciences in practice.

KT 2 SK KWg. 95 SQ	7. KT 2 SKING. Siec	GON'K)	2 SKILLIA . S. G	COUNTY S	Kujusi Segmin
«Оңтүстік Қазақстан	OŃTÚSTIK QAZAQSTAN <b>MEDISINA</b> <b>AKADEMIASY</b> 4 медицина академиясы» АҚ	SKMA -1979 -	south kazakhstan MEDICAL ACADEMY AO «Южно-Казахста	анская медицинска	я академия»
1. 30 . H. 2. 10	Center	for Physical	Education (	10 80 YI	044/64-16
J. 10. K. S.	Working Curriculum of the	e Discipline (	(Syllabus)	Ch. Vo. 60	2 page out of 20
way segninky	Ekwasier Egnirky	12 SK1	19. 60 GM. 1.K	17 ckug.	soldnikt 34

6.2	Num	ber of hours	Lecture	s Practi	cal lessons	Lat	o.lesso	n SIW	SIWT
3/1	Wg.	60, 11. K	- 6	Vo. 6	120	F - VS	), G	21/2/12	12,00.00
7.5		rmation abou	ut teache	ers	E 11. 11	SKI,	VS.	60 M.K.	ch, vs. 6
<u>№</u>	Full	<u> </u>	. 1	2/2, W.	Degrees and tit		7. 00	Email add	
1.1	Atyrl	rbaev khanovich	771.10	ynbasar	Head of the De master's degree	e	. SK	ashirbaev mail.ru	11/12 S. HU.
2.	101.1	aeva Nurila I	O SO.	1) 1. UK	Senior trainer-	<del>2</del> 0. ( )	r,	JAN 18.	a@ma il.ru
3	Tuge	lbaev Daryn	Erzhigitu	ну	Trainer- teache Thematic p		10.,,	Almas@1	nail/ru
8		Topic name	21/200	Ĉ.,,mmo	- V - S - A	nan o	200	Methods	/ Forms /
Week S	Lesson Ne	Topic name	5401/17 21/47 37/47 21.24/47	Summa	na.edu.kl ska	RO discipline	Number of hours	Teaching technologies.	assessmen t
Ky Ky Sku	a.edu.	as an acade discipline	mic in lucation	Republi Kazakh culture disciplin requirer student	ment of culture in the c of stan Physical as an academic ne. Credit	LO-1	La edu Ana e	individual, group work	feedback
g.eg	2K/L1	Gymnastics and rebuild			to build in a line,	LO -	2 9	individual, flow work	criteria and assessments for gymnastic
2/V	3.00	GPP	1 2 KWO		ng exercises,	LO -	2	group work	criteria and assessments for gymnastic
147	454	Preparing f Presidential	Tests	strength	kus.s.s.egoni	LO -	2	individual work	criteria and assessments for gymnastic
3.00	5 KJ	Acrobatic tr	raining	rolling t stretchin	raining. ng exercises	LO -	2	individual, group work	criteria and assessments for gymnastic
Phys	6.00	Teach some back and fo	- 1/11	teach position somersa groupin	ults,	LO -	2	individual, work	criteria and assessments for gymnastic

Center for Physical Education 044/64-16
Working Curriculum of the Discipline (Syllabus) 3 page out of 20

SKIT	70	Shoulder stand training	teach balance, stand on the shoulder blades, transition to half twine	LO -	2	individual work	criteria and assessments for gymnastics
XIX.	8	Training for the transition to half twine	transition to half twine	LO -	2	individual work	criteria and assessments for gymnastics
5	son'k	Acrobatic training	Somersaults forward, backward, stand on the shoulder blades, transition to half twine	1111	25	Individual work	criteria and assessments for gymnastics
1. K.	10	Goat jump training	Take-off run.  Dismount onto a gymnastic bridge.  Crossing the gymnastic goat.  Landing.	LO -	2),	individual work	criteria and assessments for gymnastics
6	11			LO - 1	2	individual work	criteria and assessments for gymnastics
KUS	12	Goat crossing training	takeoff run, goat crossing, landing	LO -	2	Individual work	criteria and assessments for gymnastics
7	13	vault training - legs apart	Take-off run. Jump onto a gymnastic bridge. Jumping on a bridge with legs apart.	LO -	SKI Cho	individual work	criteria and assessments for gymnastics
Sole G	14	Strength exercises	exercises with a gymnastic bench GPP	LO - 3	2	small group work	criteria and assessments for gymnastics
8 10 1	15	Preparation for the Presidential Fitness Tests		LO- 1	2	individual work	criteria and assessments for gymnastics
J. P. Skuss	16	MT-1. Gymnastics	girls - two forward somersaults, shoulder stand, bridge, half split. Vault with legs apart. boys - long forward somersault, back somersault, headstand with support. Jump over a goat without support, legs bent	LO-S 1/2 edu.k na.edu na.edu		individual work	criteria and marks

Center for Physical Education 044/64-16

Center for Physical Education
Working Curriculum of the Discipline (Syllabus)

4 page out of 20

Skill Was	17	Fundamentals of a healthy lifestyle	Health: basic concepts, essence, content, criteria, health factors that make up a healthy lifestyle	LO- 1	ledu (18)	individual, group work	criteria and assessments for volleyball
du.K	18 5	Volleyball. General concepts about volleyball		LO- 1	2	individual, group work	criteria and assessments for volleyball
Skil	19	Volleyball  player stance training, movement	volleyball stance, teach running, jumping, running backwards, running with cross steps	LO-1	200	individual, group work	criteria and assessments for volleyball
,K1	20	Feeding training from below, from the side		1 5	SKIT	individual group work,	criteria and assessments for volleyball
KWg.	21	Training in lower reception-transmission	teach the correct placement of arms, legs, lower transmission and reception in a pair	LO-		individual, group work	criteria and assessments for volleyball
KT	22	Learning to receive - pass the ball from above	train to work in oncoming columns, on the move	LO- 1	2	individual, group work	criteria and assessments for volleyball
12	23	Outdoor games	"Protection of the town", "Don't give the ball to drop-well"	LO- 2	2	role-playing games	criteria and assessments for volleyball
KUS 19.	24	Ball possession training	giving the ball, receiving - passing the ball on the spot and on the move.	LO- 1	2	individual, group work	criteria and assessments for volleyball
13	25	Teaching the rules of the game	Rules of the game. Volleyball playing technique. Tactics of defense and attack.		SKI CUIS	individual, group work	criteria and assessments for volleyball
igieg	26	Receiving and passing the ball	Underhand receive and pass Overhand receive and pass	1, , , '	2	individual, group work	criteria and assessments for volleyball
14	27	Submission of the ball from below	ball delivery from below, from the side	LO-3	2	group work	criteria and assessments for volleyball
1	28	MT-2. Volleyball	Serving the ball from below. Receiving the	LO ·	20	Individual work	criteria and marks

044/64-16

Center for Physical Education Working Curriculum of the Discipline (Syllabus)

5 page out of 20

<del>),</del> (	11/2	· KT 2/2 Wo. 6	ball from below	60,7	11.1	1 3 HU 09;	600 1.K. 1.
15	29	National Games	"Salk - hugs", "Kangaroo"	LO-	2	role-playing games	criteria and assessments for volleyball
KZ du.k	30	Final control	Boys – push-ups (arm bending and extending in plank position), pull- ups on the bar Girls – sit-ups (raising the torso from lying on the back), squats	1 5K	2 SKM	individual, group work	criteria and assessments for volleyball
20	0 90	Kr 2 Mg	2nd semester		101.,	17 2k, Via	60, M. M
16	31	Fundamentals of a Healthy Lifestyle	Health: basic concepts, essence, content, criteria, health factors, components of a healthy lifestyle	kmo	2	individual, group work	criteria and assessments
9.69 901.	32	Basketball. General Concepts	A brief summary of the development of basketball. Basketball rules	). KJ	25	individual, group work	feedback
17 KM2	33	Teaching movement techniques, jumping	running backwards, with cross steps, when running with your back, be sure to look over your shoulder	LO-1		individual, group work	basketball criteria and assessments
Sqn.	34	Ball dribbling training	teach ball dribbling in a straight line, in a circle, with obstacles	LO-1	2	individual, group work	basketball criteria and assessments
18	35	Training in catching - passing the ball	teach catching - passing the ball at chest level, from the shoulder, with a rebound	- / > /	2	individual, group work	basketball criteria and assessments
J.K.L.	36	Learning to pass the ball on themove	Passing the ball in motion, in pairs, in columns	LO-2	SKI	individual, group work	basketball criteria and assessments
19	37	Training to throw the ball into the basket	teach to throw the ball from the chest, from the shoulder, ina jump	LO-1	2	individual, group work	basketball criteria and assessments
SKU!	38	Relay races	basketball relay race	LO-2	2	small group work	Basketball criteria and assessments
20	39	Learning to throw	Execution in	LO-1	2	group work	

Center for Physical Education 044/64-16
Working Curriculum of the Discipline (Syllabus) 6 page out of 20

TUG.	is equ	the ball into the basket with 3 steps	columns, from different points	9. 60	1917 17:40	1 skning.	criteria and
SKI	40	Learning to catch, pass the ball on themove	teach catching - passing the ball in motion at chest level, from the shoulder, with a bounce	SKIII.	2	individual, group work	basketball criteria and assessments
21	41	Learning to throw the ball into the basket with 2 steps	teach to throw the	LO 2	25	individuall work	basketball criteria and assessments
RUG.	42	One-sided educational game	dribbling, passing, throwing	LO-2	2	small group work	basketball criteria and assessments
22	43	Educational game	rules of playing basketball, safety precautions during the game	1	2	group work	basketball criteria and assessments
10.60 1917.	44	MT-1. Basketball	Throwing the ball into the basket. Dribbling the ball without visual control	LO- 1	2	Individuall work	basketball criteria and assessments
23	45	Athletics. National games		LO- 1	2	work in small groups	criteria and assessments in athletics
1.12	46	Training in special running exercises	teach running with high hip lifts, shin kicks, and jumping		2	individual, group work	criteria and assessments in athletics
24	47	Short distance running training	teach running with acceleration at 20m, finishing	LO -	2	individual, group work	criteria and assessments in athletics
3KUS	48	off training	To teach the low start, correct hand and foot placement, and the take-off run	1	2	individual, group work	criteria and assessments in athletics
25	49	Short-distance running	Running  for 100 m. 13.5 - boys, 16.5 - girls	LO- 11	12.0 SX	individual, group work	criteria and assessments in athletics
SKILLS.	50	Cross training	teach long-distance running, proper breathing	7.	2	individual, group work	criteria and assessments in athletics
26	51	Teaching the high start and finishing	Teach the correct positioning of hands and		2	individual, group work	criteria and assessments

	SOUTH KAZAKHSTAN MEDICAL ACADEMY AO «Южно-Казахстанская	медицинская академия»
Center for	Physical Education	044/64-16
Working Curriculum of the I	Discipline (Syllabus)	7 page out of 20

Wg.	egn	techniques	feet, and train finishing techniques.	9. 6g	7.1	7 3Km3.	in athletics
Skin	52	Cross-country long-distance running	Running girls 1000 m boys 3000 m, with time consideration.	LO -	2	flow work	criteria and assessments in athletics
27	53 Relay running training.		teach teamwork, work in the "corridor"	LO -	20	group work	criteria and assessments in athletics
g.edi.	54	Work with the relay baton.	Passing the relay baton in a column, while in motion.		(2	individual, group work	criteria and assessments in athletics
28	55	Training in long jump.	teach the correct run-up, point, landing	LO -	2	Individual work	criteria and assessments in athletics
KI.K	56	Sports games	Mini-football, volleyball	LO -	5KU	work in small groups	criteria and assessments in athletics
29	57	National Games	national games: "Day- night", "Call the number", "Fishermen and fish"		25	role playing games	criteria and assessments in athletics
SKI	58	MT-2 Athletics	Standing long jump, squats	LO -	2	Individual work	criteria and assessments in athletics
30	59	National Games	"Hunters and Hares", "Ball in the Basket", "Shooter"	LO 1	SKI	role playing games	check list
igis Soo	60	Final control	boys - Jumping Jacks (quantity/minute) - Pull-ups Girls - Squats Sit-ups	LO -	2	individual work	criteria and marks
9	Ass	essment teaching met		Wa.	· eo	45 11.11	V3. 60,111
9.1	Leci	tures	40, 60 40.15	JE 10	0.	60 M. 1/1 6	K1, VS. 60
9.2	Practical lessons		Individual - completing tasks individually. Group and stream-based execution of tasks during team sports games. Work in small groups - group sports and outdoor games. Communication technology- / discussion / - question and answer during assignments, Role-playing games — students conduct the warm-up part and act referees during the game.				
9.3			- 60 M. 1 CA.	Vg. 6	0,	7. 1 3 KL.	19. 6g. 14
9.4							rts: thestudent

OŃTÚSTIK QAZAQSTAN  MEDISINA  AKADEMIASY «Оңтүстік Қазақстан медицина академиясы» АҚ  Оңтүстік Қазақстан медицина академиясы» АҚ	т академия»
Center for Physical Education	044/64-16
Working Curriculum of the Discipline (Syllabus)	8 page out of 20

9.5	Final control	physical fitn	ed testing – acceptaness. Passing the "Passing the "Passi	residential Tests"	St. 40, 6,
10.	<b>Evaluation criteria</b>	The mining	in score for a positi	ive ix iii tile discip	onne – 30.
10.1	Criteria for evalu	ating the learning of	outcomes of the dis	cipline	111. 12 s. Chu
№LO	Name of learning outcomes	Unsatisfactory	Satisfactory	Good	Excellent
rog of sking	Uses practical skills and abilities to maintain and improve health, develop and enhance physical qualities, and follows safety rules during physical education classes.	Does not perform many of the required exercises. Lacks physical fitness for the activity and performs the exercises with significant difficulty.	Performs certain physical exercises. Applies practical skills and exercises correctly	Correctly approaches the performance of specific physical exercises. Properly applies practical skills and exercises. Independently performs the exercises.	Correctly approaches the performance of specific physical exercises. Independently performs the required tasks during classes. Properly applies practical skills and exercises. Carries out the exercises independently.
LO 2	Monitors and evaluates the level of physiological condition, physical and functional fitness.	Does not engage in physical exercises. Does not keep a self-monitoring diary and does not use examples from personal practical experience.	Sometimes engages in physical exercises. Keeps a self-monitoring diary but does not use examples from personal practical experience.	physical exercises. Keeps a self- monitoring diary and uses	Independently practices various physical exercises, demonstrating physical qualities such as strength, agility, flexibility, and speed. Keeps a self-monitoring diary and uses examples from personal practical experience.
LO3	Applies methodological approaches to mastering physical exercises during independent practice using	Does not know health-preserving technologies and does not perform body warm-up before physical	Performs body warm-up, does not use health- preserving technologies, develops physical qualities.	Independently performs body warm-up, uses health-preserving technologies, develops physical	Independently performs proper body warm-up, uses health-preserving technologies, develops physical

«Онтустік Қазақстан медицина академиясы» АҚ

Center for Physical Education

Working Curriculum of the Discipline (Syllabus)

SOUTH КАZАКНЯТАН

MEDICAL

ACADEMY

AO «Южно-Казахстанская медицинская академия»

044/64-16

9 page out of 20

pro	alth- eserving chnologies.	exercises.	KY SKUUS EUR	qualities (agility, flexibility).	qualities (agility, flexibility, endurance, coordination).			
		essing teaching methods	s and technol	logies	Kr 2 / Win Jie			
Check list	for students of	f the main department	70 Kr 2	, Kur Sie 300	The Service			
Role- playing games	A (4,0) 9 A- (3,67) 9	90-94 %	deve Dem focu safet abou spec indej and Eval their situa think Kno prep	eloped scenarios, and manage sty techniques, at motor activity ial preparatory pendent forms of the basics of countes the student knowledge and tions, demonking, and make dews and performant or the performant of the performant o	ecisions. orms 10 special			
KULY KY SKUS	"Good" con B+(3,33) B(3,0) 8 B-(2,67) C+(2,33)	85-89 % 0-84 % 75-79 %	prep Kno prep Kno prep Kno	aratory exercises.	field exercises. forms 7 special forms 6 special forms 5 special			
ig skilg segnik		ry" corresponds 59 % -64 % 5-59 %	Kno exer Kno exer Kno exer Kno	Knows and performs 4 special preparative exercises.  Knows and performs 3 special preparative exercises.  Knows and performs 2 special preparative exercises.  Knows and performs 1 special preparative exercises.				
OHY SH	" Unsatisfa FX (0,5) 2 F (0) 0-24		The class assig	The student participates passively in classes and does not complete the assignments.  Misses classes without a valid reason.				
Team game	"Excellent"	corresponds	Kno techn level spor colla meet uses	wledge of the gar nique, outstandin l of physical f tsmanship. Den aboration in a to ts physical fitn evaluation criteri	me rules, excellent ag teamwork, high itness, and ideal monstrates strong eam. Successfully ess requirements, a to assess mastery iques and tactics.			

ONTÚSTIK QAZAQSTAN  MEDISINA  AKADEMIASY «Оңтүстік Қазақстан медицина академиясы» АҚ  Онтустік Қазақстан медицина академиясы» АҚ	я медицинская академия»
Center for Physical Education	044/64-16
Working Curriculum of the Discipline (Syllabus)	10 page out of 20

ing skug skug	A (4,0) 95-100 % A- (3,67) 90-94 %	Proficient in conducting assessment exercises to determine the level of endurance, speed, and flexibility in volleyball participants, and evaluates the performance of specially-preparatory exercises aimed at mastering volleyball techniques and tactics.  Tasks are completed successfully.  Tasks are completed successfully with one minor error.
Skulgiednik Tugiednik	"Good" corresponds B+(3,33) 85-89 % B(3,0) 80-84 % B-(2,67) 75-79 % C+(2,33) 70-74 %	Completes tasks successfully with 2 minor errors. Completes tasks successfully with 3 minor errors. Completes tasks successfully with 4 minor errors. Completes tasks successfully with 5 minor errors.
sussequiva grigitalistica grigita grigita grigita grigita grigita grigita grigita grigita grigita grigita grigita grigita grigita grigita grigita grigita gr	"Satisfactory" corresponds C (2,0) 65-69 % C-(1,67) 60-64 % Д+(1,33) 55-59 % Д- (1,0) 50-54 %	Completes tasks successfully with 6 minor errors. Completes tasks successfully with 7 minor errors. Completes tasks successfully with 8 minor errors. Completes tasks successfully with 9 minor errors
skura.	"Unsatisfactory "corresponds FX (0,5) 25-49 % F (0) 0-24 %	The student participates passively in classes and does not complete tasks.  Does not attend classes without a valid reason.
Individual work	"Excellent" corresponds  A (4,0) 95-100 %	Knowledge of game rules, excellent technique, high physical fitness, and ideal sportsmanship. Independently organizes the training area, selects equipment and tools, and applies them appropriately in specific conditions.  Movements or individual elements are performed correctly, meeting all requirements without errors—freely, clearly, confidently, smoothly, and with excellent posture.  Can analyze movements, explain how they are performed, and demonstrate them
sedniki	A- (3,67) 90-94 %	in non-standard conditions.  Able to identify and correct mistakes of other students and confidently meets training standards.
Kug. edn	"Good" corresponds	Organizes the training area mostly independently, with only minor assistance, makes slight errors in selecting equipment, monitors the progress of
LI SI SKILL	B+(3,33) 85-89 %	activities, and summarizes results. Performs similarly but made no more than

OŃTÚSTIK QAZAQSTAN MEDISINA AKADEMIASY «Оңтүстік Қазақстан медицина академиясы» АҚ	SKMA -1979- //,	SOUTH KAZAKHSTAN MEDICAL ACADEMY AO «Южно-Казахстанская медицинска	я академия»
Center for	or Physica	l Education	044/64-16
Working Curriculum of the	Discipline	e (Syllabus)	11 page out of 20

2.	3, 10, 50, 10, 10, 10, 10, 10, 10, 10, 10, 10, 1	
1, 3; es 9/1.	5 2 700 50 911, 15 30 West	1 minor error. Performs similarly but made no more than
41,000	B(3,0) 80-84 % B-(2,67) 75-79 % C+(2,33) 70-74 %	2 minor errors.
1000	1. 15 36 Way 6, 10. 15 36.	
Ch. Wo. G.	B-(2.67) 75-79 %	Performs similarly but made no more
The war	60,111,11,11,12	than 3 minor errors.
1 3 44 2	C+(2,33) 70-74 %	Performs similarly but made no more
Kr 2, 1410		than 4 minor errors.
1. Kr 22	"Satisfactory" corresponds	More than half of the types of
Yn. Kr 34	" " " " " " " " " " " " " " " " " " "	independent activities are completed
301.11	et. vs. 60, 11. 1. 1. 1. vs. 60,	with the help of the coach-teacher or one
0001111	3. K. 3.	of the tasks is not completed. The motor
3. 300 Fr	2, My 3:0 90. Kr 2, Mg 3;	action is performed correctly.
10. 10.	T 24 Wo Se M. T 34 Wa	There is a lack of logical sequence, gaps
Wo SO YN	1, 1, 2/2, Vio. 60, 1/1, 1, 1, 2/2, X	in knowledge of the material,
F. Vo. 80.	11.4.1 St. 13. 60 11.4.1 3 St.	insufficient argumentation, and inability
141, VS. O	C (2,0) 65-69 %	to apply knowledge in practice.
2, 11, 3.	C (2,0) 03-09 %	Mada 1 major mistaka faals constrained
		Made 1 major mistake, feels constrained
W 94 W	C-(1,67) 60-64 %	and uncertain.
1. 17 SA.	Vg. 60, 11.6. V XXI, Vg. 500, 14	Made 2 major mistakes, feels constrained
11. 1 3 N	П+(1 22) 55 50 0/	and uncertain.
100 /h 2	Д+(1,33) 55-59 %	Made 3 major mistakes, feels constrained
6 YO. KI	82 W. 282 M. 1 86 W. 67	and uncertain.
60, M. M.	Д- (1,0) 50-54 %	Made 4 major mistakes, feels constrained
10. 60 "1'L	1, ch, vs. 60, 11, 1 2 th, vs.	and uncertain.
V3. 500"	" Unsatisfactory " corresponds	The student participates passively in
171, 3. 39	FX (0,5) 25-49 %	classes and does not complete
	101 (1) 20 10 10 10 10 10 10 10 10 10 10 10 10 10	assignments.
SK. Wo 6	F (0) 0-24 %	Does not attend classes without a valid
of wa	100) 0,2170	reason.
Group work	"Excellent" corresponds	The motor action is performed correctly
work in small	Execuent corresponds	(in the specified manner), precisely at
	(1, 2, 40, M, 2, "(1, 20, Y).	the proper pace, easily and clearly.
groups	A (4,0) 95-100 %	Completes tasks effortlessly and
60 YOU. (T)	ch, was 60 mil. 15 ch, was 60	
60, 111, 1	A- (3,67) 90-94 %	confidently, demonstrating a high level of
19. 00 11 K	11 (6,67) 56 56 76	fundamental skills and abilities in
3.000	Kr 2, Mr 26, Mr. Kr 24, W.	specialized physical training.
1412 2:0-41	"Good" corresponds	The motor action is performed correctly
26 Was 500	40. 15 ch 40. 60 10. 15 ch	but not quite easily or clearly, with some
ch vo.	0 111. 1 . Th. Vs. 502 11. 1 .	stiffness in movements. The task is
1 4 70.	60, 114 1 3 M. 3. 30, 14 1	completed with some tension and lack of
1 3 W.	3. 90, 14, 2, My Vie 40, 15	confidence in using the material,
Kr 2, 14	1 30 90. AT 32 40 50 YOU	demonstrating a developing level of
D. KJ 24.	40 6 40. 15 ch 40. 60, 7/1.	basic skills in specialized physical
12011/12	F. Vo. 60, "1.4" " 5/7, Vg. 00.	exercises.
00 111.	B+(3,33) 85-89 %	- 1 minor error in the main phase or up
CON THE	B+(3,33) 85-89 %	to two significant errors in the
3. M. K	<b>1</b> (3,33) 03 03 70	preparatory and final phases
The Sien YM.	B(3,0) 80-84 %	- 2 minor errors in the main phase or up
Wo. 60 71	1. 15 th. 43. 60 "12" 1 Th.	
Tr. Vs. 60.	111.6.1 M. V3. CON 1.1 J. X.	to two significant errors in the
K11. V3.	D (2 50) 175 700 1 1 5	preparatory and final phases
1 2, My 2	B-(2,67) 75-79 %	- 3 minor errors in the main phase or up
Tr 55 100	20 40. 15 34 40 60 10. 11	to two significant errors in the
12 24 1	10, 60 mily 5 ch, 39, 60, 11 je	preparatory and final phases

					1 1/1 1/1 0	
11/1/	1 1 1 1 1 2 1 1 1 1 1 1 1 1 1 1 1 1 1 1	1. 200	Kr 2, 14,	2. JO. K	5, 10, 10	,
10. 1	ONTÚSTIK QAZAQSTAN	~362	SOUTH KAZAKHSTAN	$\mathcal{A}_{\mathcal{O}}$ $\mathcal{O}_{\mathcal{O}}$ $\mathcal{O}_{\mathcal{O}}$ $\mathcal{O}_{\mathcal{O}}$	11.	
$\circ$	MEDISINA	SKMA	MEDICAL	1. 2.	K 2, "	~ \
	AKADEMIASY	- V	ACADEMY			0.
00.	«Оңтүстік Қазақстан медицина академиясы» АК		АО «Южно-Казахст	ганская медицин	ская академия»	
3.	Center	for Physica	al Education	Shi Way Br	044/64-16	2
2.	Working Curriculum of the	e Disciplin	e (Syllabus)	ch via	12 page out of	20

70,1	Center for Physical Working Curriculum of the Discipline	
in 9n. K	1 3/2 100 60 M. 11 34, 4	10. 60 111. 11 9th 30. 60 111. 17
us equ.	C+(2,33) 70-74 %	- 4 minor errors in the main phase or up to two significant errors in the preparatory and final phases
KT SKWS	"Satisfactory" corresponds	The task is performed inaccurately, with great tension and minor errors, demonstrating a low level of mastery of basic skills in specialized physical
Julki Ki si	C (2,0) 65-69 %	training.  - 1 major error in the main phase of the technique and several significant distortions in other phases; the motor action is executed with serious technical violations or numerous minor errors.
skusis ed	C-(1,67) 60-64 %	- 2 major errors in the main phase of the technique and several significant distortions in other phases; the motor action is executed with serious technical violations or numerous minor errors.
911.KJ 2. 2K.	Д+(1,33) 55-59 %	- 3 major errors in the main phase of the technique and several significant distortions in other phases; the motor action is executed with serious technical
skugiedn. Tugiedn.	Д- (1,0) 50-54 %	violations or numerous minor errors.  - 4 major errors in the main phase of the technique and several significant distortions in other phases; the motor action is executed with serious technical violations or numerous minor errors.
XI SKING	"Unsatisfactory "corresponds FX (0,5) 25-49 %	The student participates passively in classes and does not complete assignments.  Does not attend classes without a valid
90.18	F (0) 0-24 %	reason.
600 11/4		itumn semester
Midterm control	"Excellent" corresponds	Midterm control 1. Gymnastics 1. Two forward somersaults, shoulder
KI, Wg. 6	A (4,0) 95-100 %	stand, bridge, half split - female, long forward somersault, back
egniniki skusistusist	A- (3,67) 90-94 %	somersault, headstand with support - male, 2. Vault with legs apart - female, jump over a goat without support, bending legs - male Completing the task without errors One error is allowed
Kugier egn	"Good" corresponds B+(3,33) 85-89 %	1. Two forward somersaults, shoulder stand, bridge, half split - female, long forward somersault, back
1 SKIND.	B(3,0) 80-84 % B-(2,67) 75-79 % C+(2,33) 70-74 %	somersault, headstand with support - male.  2. Vault with legs apart - female,

za edu.Kl

SKMa

ma.edu.

.edu.k1

irma.edu.

SKWB.

ckma.e

OŃTÚSTIK QAZAQSTAN  MEDISINA  AKADEMIASY «Оңтүстік Қазақстан медицина академиясы» АҚ  ОНТҮСТІК ДАЗАҚСТАН МЕДИЦИНА АКАДЕМИЯСЫ АСАДЕМУ АО «Южно-Казахстанская медицинская	академия»
Center for Physical Education	044/64-16
Working Curriculum of the Discipline (Syllabus)	13 page out of 20

sking ed	us e gn yn Ky skus e gn y Ky sk	vault over the goat without support, with legs bent - male. Two mistakes are allowed Three mistakes are allowed Four mistakes are allowed Five mistakes are allowed
a.edu.kl du.kl a.edu.kl	"Satisfactory" corresponds C (2,0) 65-69 % C-(1,67) 60-64 % Д+(1,33) 55-59 % Д- (1,0) 50-54 %	1. Two forward somersaults, shoulder stand, bridge, half split - female, long forward somersault, back somersault, headstand with support - male.  2. Vault with legs apart - female, vault over the goat without support, with legs bent - male.
Sking	ing is equity of sking is equity	Six errors are allowed Seven errors are allowed Eight errors are allowed Nine errors are allowed
3d11.K7	"Unsatisfactory "corresponds  FX (0,5) 25-49 % F (0) 0-24 %	1. Long jump from a place 2. Squats (number/min) Did not complete the task More than 10 errors are allowed
kwgiegn,	"Excellent" corresponds A (4,0) 95-100 %	Did not complete the task  Midterm control 2.  Volleyball  1. Underhand serves
sky skus	A- (3,67) 90-94 %	10 successful serves onto the court out of 10 attempts 9 successful serves onto the court out of 10 attempts 2. Underhand pass reception (within 10 seconds) 10 receptions/passes without losing the ball 9 receptions/passes without losing the ball
skug. Skug 1 skug 1.kl skug 1.kl skug 2.kl skug 2.kl skug 2.kl skug 2.kl skug 3.kl sku	"Good" corresponds  B+(3,33) 85-89 % B(3,0) 80-84 % B-(2,67) 75-79 % C+(2,33) 70-74 %	1. Underhand serves 8 successful serves out of 10 attempts 7 successful serves out of 10 attempts 6 successful serves out of 10 attempts 5 successful serves out of 10 attempts 2. Underhand pass reception (within 10 seconds) 8 receptions/passes without losing the ball 7 receptions/passes without losing the ball 6 receptions/passes without losing the ball 5 receptions/passes without losing the ball
1 sking.	"Satisfactory" corresponds C (2,0) 65-69 % C-(1,67) 60-64 % Д+(1,33) 55-59 % Д- (1,0) 50-54 %	1. Underhand serves 4 successful serves out of 10 attempts 3 successful serves out of 10 attempts 2 successful serves out of 10 attempts 1 successful serve out of 10 attempts 2. Underhand pass reception (within 10

ckuy.6

OŃTÚSTIK OAZAOSTAN  MEDISINA  AKADEMIASY «Оңтүстік Қазақстан медицина академиясы» АҚ  ОНТҮСТІК ҚАЗАҚСТАН МЕДИЦИНА АКАДЕМИЯСЫ АСАДЕМУ АО «Южно-Казахстанская медицинская	т академия»
Center for Physical Education	044/64-16
Working Curriculum of the Discipline (Syllabus)	14 page out of 20

us egn, on ky skus eg	seconds) 4 receptions/passes without losing the ball 3 receptions/passes without losing the ball 2 receptions/passes without losing the ball 1 reception/pass without losing the ball
" Unsatisfactory " FX (0,5) 25-49 % F (0) 0-24 %	0 successful serves out of 10 attempts
600 11 1 2 KU 35. 8	Spring semester
"Excellent" corresp A (4,0) 95-100 9	Basketball 1. Ball shots into the basket (out of 1 attempts)
A- (3,67) 90-94 %	- 10 successful shots out of 10 attempts - 9 successful shots out of 10 attempts
M.K. S. Skulgie Egning	2. Dribbling without visual control - Correct technique execution - One error allowed
"Good" correspond	ds 1. Ball shots into the basket - 8 successful shots out of 10 attempts
B+(3,33) 85-89 9 B(3,0) 80-84 % B-(2,67) 75-79 %	- 6 successful shots out of 10 attempts - 5 successful shots out of 10 attempts
C+(2,33) 70-74 %	- One error allowed
"Satisfactory" corr C (2,0) 65-69 % C-(1,67) 60-64 % Д+(1,33) 55-59 % Д- (1,0) 50-54 %	- 3 successful shots out of 10 attempts - 2 successful shots out of 10 attempts
" Unsatisfactory " FX (0,5) 25-49 %	corresponds 1. 0 successful shots out of 10 attempts, task not completed.
F (0) 0-24 %	Dribbling performed with errors.
"Excellent" corresp	onds  Midterm control 2  Athletics  Standing Long Jump
A (4,0) 95-100 9 A- (3,67) 90-94 %	Boys – 245 cm Girls – 190 cm
ognith exturasion	Girls – 185 cm  2. Squats (repetitions per minute)
A (4,0) 95-100 9 A- (3,67) 90-94 %	Boys – 60 times Girls – 37 times Boys – 55 times
40, Va 110, VI 21	Girls – 37 times
"Good" correspond	ds 1. Standing Long Jump

MEDISINA SH	SOUTH KAZAKHSTAN  MEDICAL  ACADEMY  AO «Южно-Казахстанская медици	инская академия»
Center for P	hysical Education	044/64-16
Working Curriculum of the Dis	cipline (Syllabus)	15 page out of 20

2:62 40	1 15 26 Wo So M. 15 Sp.	Boys – 235 cm	
Un Son	B+(3,33) 85-89 %	Girls – 180 cm	
	B(3,0) 80-84 %	Boys – 230 cm	
St. Wa.	B-(2,67) 75-79 %	Girls – 175 cm	
CH' N	C+(2,33) 70-74 %	Boys – 225 cm	
1. 3/41.	C+(2,33) 10 74 70	Girls – 170 cm	
1 2 N	71, 3. 9p. 15, 2, 14, 3: 9p.	Boys – 220 cm Girls – 165 cm	
Kr 5	, Mus Jie go, Kr Ze We Jee		
D. Kr	B+(3,33) 85-89 %	2. Squats (repetitions per minute) Boys – 50 times	
40. K	B(3,0) 80-84 %	Girls – 31 times	
60 Yn.		Boys – 45 times	
SO YO	B-(2,67) 75-79 %	Girls – 29 times	
Va. Sp.	C+(2,33) 70-74 %	Boys – 40 times	
, W. 6	30 11.K 1 2 CK1, VS. 600 11K 1	Girls – 27 times	
K1, 3.	Dr. 14, 1 2, 1/2, 3, 00, 1/4,	Boys – 35 times	
s. Ku,	3. 300 / K 2 2, KUL 3: 30 90, K	Girls – 25 times	
1. 2. KU	"Satisfactory" corresponds	Standing Long Jump	
1 2	TU, 35, 90, 11, 2, 14, 3; 9, 91	Boys – 215 cm	
Kr 2	C (2,0) 65-69 %	Girls – 160 cm	
M. Kr	C-(1,67) 60-64 %	Boys – 205 cm	
40. K	Д+(1,33) 55-59 %	Girls – 150 cm	
So Yn.	Д- (1,0) 50-54 %	Boys – 195 cm	
So M	A (1,0) 30-34 /0	Girls – 140 cm	
Va. So.	11. 1 24, Vs. 60, 11. 1.	Boys – 185 cm	
7. 2.	50 11. 1. 1. 5KI 13. 601. 1. 1. 1.	Girls – 130 cm	
CKI, VS.	C (2,0) 65-69 %	Squats (repetitions per minute)	
J. Hill	C-(1,67) 60-64 %	Boys – 30 times Girls – 20 times	
1 3. 1/1		Boys – 25 times	
Kr 2,	Д+(1,33) 55-59 %	Girls – 15 times	
Kr	Д- (1,0) 50-54 %	Boys – 20 times	
90, Kr	35 Wy 3 50 M. KT 26 Wo	Girls – 10 times	
40. K	1 24 Was 62 471. 15 24 Wo	Boys – 10 times	
1.60 Yn.,	K. 3K, W.o. 60 M., V. 3K, C	Girls – 5 times	
Wa. Segl	"Unsatisfactory "corresponds FX (0,5) 25-49 %	1. Standing Long Jump Did not complete the task	
Skula, US	F (0) 0-24 %	2. Squats (repetitions per minute)	
Final	WITE and Death Land of the Control o	Did not complete the task  Autumn semester	
control fo	"Excellent" corresponds	Boys:	
		1. Push-ups (elbow bending and	
W. T. W.	A (4,0) 95-100 %	extending in plank position) – 32 times	
0-111.	1 1 96, 23, 200, 114, 1 2, 12, 13	2. Pull-ups on the horizontal bar – 12	
000 Y	A- (3,67) 90-94 %	times	
9. ogn.	1 2, My 2's 40, 15 36"	Girls:	
7.00	n. Kr 22 Wy 30 M. M. 84	1. lifting the body (from lying position	
We will	M. Kr 22 Wo 260 M. T	on the back) – 35 times	
L. 100	6 47. KJ 8/2 W.O. 60 M. 17	2. Squats (per minute) – 35 times	
St, Wo	"Good" corresponds	Performance Levels – Semester I (Strengt	
SK.	(a) 60 771-1 T TT, Va. 50, 11	Tests)	
11 24	, 19. 60, 11. 1 3 VAL, 19. 90,	Boys:	
1.7.	Th. 35. 60 11/4 1 2 The Sign of	20 / Kr 2, " (41, 3'0 / 10, 15) 24, " (40	
	2, "U, "in "M. AT 22," Un " O.	Yn, Kr 22 W, 6, Mr, M, 94, "	

Center for Physical Education 044/64-16

Working Curriculum of the Discipline (Syllabus)

16 page out of 20

KT SKUSI	B+(3,33) 85-89 % B(3,0) 80-84 % B-(2,67) 75-79 % C+(2,33) 70-74 %	- Push-ups – 29, Pull-ups – 10 - Push-ups – 26, Pull-ups – 9 - Push-ups – 23, Pull-ups – 8 - Push-ups – 20, Pull-ups – 7 Girls: - lifting the body– 30, Squats – 30 per min - lifting the body– 25, Squats – 25 per min
a.edu.kl	"Satisfactory" corresponds C (2,0) 65-69 % C-(1,67) 60-64 % Д+(1,33) 55-59 % Д- (1,0) 50-54 %	- lifting the body- 25, Squats - 25 per min - lifting the body- 20, Squats - 20 per min - lifting the body- 15, Squats - 15 per min  Performance Levels - Semester I (continued):  Boys: - Push-ups - 17, Pull-ups - 6 - Push-ups - 16, Pull-ups - 5 - Push-ups - 15, Pull-ups - 4 - Push-ups - 15, Pull-ups - 3
3.edu.k1 3.edu.k1	"Unsatisfactory "corresponds FX (0,5) 25-49 %	Girls: - lifting the body– 13, Squats – 13 per min - lifting the body– 12, Squats – 12 per min - lifting the body– 11, Squats – 11 per min - lifting the body– 10, Squats – 10 per min  Did not complete the task.
Wa. Co	F (0) 0-24 %	Was absent from the class.
K. Wg.	"Excellent" corresponds	Spring semester
2 skins	A (4,0) 95-100 %	Boys: - Jumping Jack (reps per minute) – 85 times - Pull-ups – 15 times
sking eqni	A- (3,67) 90-94 %	Girls: - Squats – 45 times - lifting the body– 45 times  - Jumping Jack – 80 times - Pull-ups – 14 times - Squats – 40 times - lifting the body– 40 times
2 Miles	"Good" corresponds	- Jumping Jack – 75 times
7.KT 2K	B+(3,33) 85-89 %	Pull-ups – 11 times Squats – 37 times lifting the body– 37 times
ig.edu.k	B(3,0) 80-84 %	- Jumping Jack – 70 times Pull-ups – 10 times Squats – 36 times lifting the body– 36 times
J Skus	B-(2,67) 75-79 %	- Jumping Jack – 65 times Pull-ups – 9 times Squats – 35 times lifting the body– 35 times

Working Curriculum of the Discipline (Syllabus)

17 page out of 20

www. edu. Klaskna.ed

L. Z. CHILK JANIA. Edu.

ZHI KI ZKMa edu.Ki

ekusisqui	C+(2,33) 70-74 %	- Jumping Jack – 60 times Pull-ups – 8 times Squats – 34 times lifting the body– 34 times
2, 17/11	"Satisfactory" corresponds	- Jumping Jack – 45 times
90, KT 3 8	C (2,0) 65-69 %	Pull-ups – 7 times Squats – 25 times lifting the body– 15 times
s.edu.k.k.	C-(1,67) 60-64 %	- Jumping Jack – 40 times Pull-ups – 6 times Squats – 20 times lifting the body– 20 times
. K. Skria. Skria.	Д+(1,33) 55-59 %	- Jumping Jack – 35 times Pull-ups – 5 times Squats – 15 times lifting the body– 15 times
gignik	Д- (1,0) 50-54 %	- Jumping Jack — 30 times Pull-ups — 4 times Squats — 10 times lifting the body— 4 times
Vg. 500"	" Unsatisfactory " corresponds	3. 90. Kr 2, My 3. 40. Kr
M. 3. 00	FX (0,5) 25-49 %	- Did not complete the task
1. 1/1, 3:	F (0) 0-24 %	- Did not attend the classes

Multi-point knowledge	assessment system	1 2 2 WO 6 Y/	1. KT 3/4 Wo. 60?
Grade by letter system	Digital equivalent of points	Percentage	Grade by traditional system
Letter Grading	Digital equivalent of points	Percentage	Traditional assessment
S. An. M. Skilling	4,0	95-100	Excellent
A-10. 11 St.	3,67	90-94	1, 13. Op. 14. 2,
BEWIN	3,33	85-89	Good
(B) (V) (V)	3,0	80-84	
BOOK	2,67	75-79	17 2/KI VS. 60111
C+(()	2,33	70-74	1 2 5/1 V3. 600
Call Was Significan	2,0	65-69	Satisfactorily
/C- 2, My 2:00	1,67	60-64	3, M. L. T. Ch. Wa.
D+ 2 1	1,33	55-59	160 M. 15 3/2, W
OD- 14 9 VIII 3	1,0	50-54	10, 60, 10. KT , 86.
FX	0,5	25-49	Unsatisfactory

irna edu.Kl. skina.

Skina edu. Kl. skina.

**Learning resources** 

adii.Kl. skina.edu.l

W. K. Skug edil.kl

skurgies egnink ki zkokugies egnink ki zkokugies egninki ki zk	Kusi segniniki
ONTÚSTIK QAZAQSTAN OÓBO SOUTH KAZAKHSTAN MEDISINA AKADEMIASY SKMA ACADEMY AO «Южно-Казахстанская медицинская меди	ы академия»
Center for Physical Education	044/64-16
Working Curriculum of the Discipline (Syllabus)	18 page out of 20
6 40. 1 2 2 40 6 40. 1 24 Vo. 6 11. 1 34, Vo.	60,11, 1 3 KU
	мерізіна академіазу «Оңтүстік Қазақстан медицина академиясы» АК Сепter for Physical Education

A A Wa	Center for Physical Education rking Curriculum of the Discipline (Syllabus)	044/64-16 18 page out of 20			
60 471 - 1 - 2 - W	Taking Curriculum of the Discipline (Synabus)	201			
Electronic resources,	JSC YUKMA electronic resources	, 600 1.KT			
including, but not		xz/genres			
limited to : databases,	• Республиканская межвузовская электронная библис				
animation simulators,	http://rmebrk.kz/	K11, 3, 000			
professional blogs,	• Цифровая библиотека «Aknurpress» - https://www.aknurp	ress.kz/			
websites, other	• Электронная библиотека «Эпиграф» - <a href="http://www.elib.kz/">http://www.elib.kz/</a>				
websites, other	<ul> <li>Эпиграф - портал мультимедийных учебников <a href="https://mb">https://mb</a></li> </ul>	ook.kz/ru/index/			
11.15 ch 20. 6	• <b>36C IPR SMART</b> <a href="https://www.iprbookshop.ru/auth">https://www.iprbookshop.ru/auth</a>	The S. Kui			
, M. M. ch. Wg.	• информационно-правовая система «Заң» - <a href="https://zan.kz/1">https://zan.kz/1</a>	u. K. S. A.			
60 M. M. St. W.	Medline Ultimate EBSCO	600.11/K			
60 M. 15 3k.	eBook Medical Collection EBSCO	3. 600 1.K			
(i) (c) (1) (d)	Scopus - https://www.scopus.com/	3. Op. 1/L			
electronic reference	https://mbook.kz/ru/index/	71. Vg. 6gg"			
materials (for	6. GEC IPR SMART <a href="https://www.iprbookshop.ru/auth">https://www.iprbookshop.ru/auth</a>	cki, vg. ogp			
example: video,	7. информационно-правовая система «Заң» - <a href="https://zan.k">https://zan.k</a>	z/ru			
audio, digests)	8. Cochrane Library - <a href="https://www.cochranelibrary.com/">https://www.cochranelibrary.com/</a>	7. 3. KU, VS.			
Electronic textbooks	1.Jeroen Koekoek et al. Game-Based Pedagogy in Physic				
M. KT 24, Wo.	Sports: Designing Rich Learning Environments. / Jero				
M. KJ 24, Wa.	Dokman, Wytse Walinga NY: Routledge, 2023 335- ISBN 978-				
E. M. KJ 24, W	0367740283.// <u>http://rmebrk.kz/book/1186180</u>	60,1714,17			
J. S. M. KJ 34	2. Timothy Chandler et al. Sport and Physical Education: The				
Wo Ser Mr. Mr S	Timothy Chandler, Mike Cronin, Wray Vamplew Second edition - US				
ky skug egn ky ky skug egn ky	Routledge, 2007282- ISBN 978-0-415-41746-4.//	Fr. Wg. 60,"1			
22, Wo J'EN M., K	http://rmebrk.kz/book/1186126http://rmebrk.kz/book/1186				
24. Wo 56, M.	3. Multiple Literacies for Dance, Physical Education and	, <b>-</b> / . \			
1 2 W W SON Y	Stephen G. Mogge, Shelly Huggins, Jaye Knutson, Elin				
, Kr 24. Wo se	SegalSwitzerland: Springer, 2023 355 - (Springer Tex				
In. Kr 22 Wo	ISBN 978-3-031-20116-5.//http://rmebrk.kz/book/1186181	raŭ – English fo			
Sp. Kr 2 2 Wy	4. Английский язык для физкультурных специальност Students of Physical Education: Учебник для студ. вузов.	гол — видиян 10 / Е.А. Баженова			
in 90. Kr 26.14	А.Ю.Гренлунд, Л.Я. Ковалева, А.В. Соколова 5-е изд.				
ria skrig sediliki ki sk	Академия, 2012 352 с (Высшее профессиональное				
Winding Spr. Kr	ISBN 978-5-7695-9370-3.// http://rmebrk.kz/book/1159216	Vis. 60 7/1.			
Kur Sie gn. Kr	5. Kanagatov, N., Siroka, L. Modern tendencies of p				
2, Kur 3's 90, K	development for students. // Science and Education in XXI	century., 2014.			
skus eqny seqnyk	№ 1 C.107-109.// <a href="http://rmebrk.kz/book/1027653">http://rmebrk.kz/book/1027653</a> 6 Arkabayeya S. Tuykbayeya M.Current Approaches of F	hysical Education			
K 1 2, My 3:0.9	6. Arkabayeva, S., Tuykbayeva, M.Current Approaches of Physical Education in Universities. // Seattle-2013: 4th International Academic Research				
The sixtures of	Conference on Business, Education, Nature and Technology. № 1 Almaty				
on 11 1 2, thurs	Conference on Business, Education, Nature and Lechnology. № 1 Almaty 2013 P.84-86.http://rmebrk.kz/book/1026822				
Laboratory physical	Gymnastics hall, table tennis hall	C 00. 17 6			
resources	148. 60 Mily 5 9KI, 48. 80, 11/4 1 2, KUI	13. odn 14.			
Special programs	15 War 60 M. L'V 8/7, War 60, W. 17 3 M.	Ja. 600 14			
Journals (electronic	Sp. Wa. 60, 17.1. T . Th. Wa. 60, 17.4. 1.3	KI, VS. 000			
journals)	1- 24, Wa. 60, 47. LT 241, Wa. 60, 17. K. V.	CKL, War og			
Literature	1.Methodology of teaching subjects in the specialty "Physic	cal education and			
KT 26/4/10, 50, 4	7. K 34 Wa 60 Min KT 34 War 60 Min	12 ch 20			
. The service sign	190, 15 34 Wo So Mr. 15 3/2, Was 60, "	1.5.1. 1/1.			
	The state of the s				

«Оңтүстік Қазақстан м	MEDISINA SI	SOUTH KAZAKHSTAN MEDICAL ACADEMY AO «Южно-Каза»	v кстанская медицинска	я академия»
Ja Kr 2, 14,	Center for P	Physical Education	21 10 0 M	044/64-16
YO. K. S.	Working Curriculum of the Dis	scipline (Syllabus)	CA VO. SO	19 page out of 20

sports" Акнур, 2024ж. Abdillayev AbdikalykKosherbayuly Onalbek, 2.Zharylkasyn Kerimbekuly Methodology of teaching subjects in the specialty "Physical education and sports" 2024

## 12 Discipline Policy

Sports uniform - top - white T-shirt, bottom - sweatpants. Have a change of sports shoes with you. Listen carefully and follow safety instructions.

Treat sports equipment with care and take it only with the permission of the trainer-teacher.

You are not allowed to attend the class with loose hair. Nails must be cut short.

Perform exercises without the permission of the trainer-teacher, take sports equipment independently. Behave correctly towards each other and do not disturb the order.

Standing on benches and littering are prohibited. Jewelry and valuables should be handed over to the trainer-teacher.

The use of mobile phones during classes is prohibited.

Inform the trainer-teacher in advance about feeling unwell.

Chewing gum, eating food, leaving the training area without the permission of the coach-teacher.

Treat sports equipment with care and take it only with the permission of the trainer-teacher.

## 13 Academic policy based on the moral and ethical values of the Academy

## STUDENT'S CODE OF HONOR

https://translate.google.com/website?sl=kk&tl=ru&ajax=1&prev=search&u=http://base.ukgf a.kz/wp-content/uploads/2021/05

- 1. The student strives to become a worthy citizen of the Republic of Kazakhstan, a professional in the chosen specialty, to develop the best qualities of a creative personality
- 2. The student respects the elders, does not allow rudeness towards others, shows empathy for socially vulnerable people, and takes care of them as much as possible.
- 3. The student is a model of decency, culture and morality, is intolerant of immorality and does not allow discrimination on the basis of gender, nationality or religion
- 4. The student leads a healthy lifestyle and completely abandons bad habits...
- 5. The student recognizes the necessary and useful activities aimed at the development of creative activity (scientific and educational, sports, artistic, etc.), to improve the corporate culture and image of the university. Outside the walls, the student always remembers that he is
- a representative of a higher school and makes every effort not to drop his honor and dignity.
- 6. The student respects the traditions of the university, protects its property, monitors the cleanliness and order in the hostel

The student considers all of the listed types of academic dishonesty as incompatible withobtaining a quality and competitive education worthy of the future economic, political and managerial elite of Kazakhetan

14 Agreement, app	roval and revision	KJ 34, Way 60, M	1 34 Vo. 60
Date of approval with the Library and Information Center	Protocol No 7 25 06 1025	Head of the LIC Darbicheva R.I	Dept
Approval date by the AC GED	Protocol No. 1 27 09. 2025	Chairman AC GED Nurzhanbaeva Zh.O	The same of the sa
Date approved by the Center	Protocol Nº 1 17-08-1005	Head of the center Ashirbaev O.A.	2 Guest
J 84, W.S. 60, 717.	11 44, 29, 600	1. 1. All v3. 601	1 2. KU. 3.

ONTÚSTIK GAZAGSTAN -000- SOUTH KAZAKHSTAN  MEDISINA SKMA MEDICAL  MEDICAL			
«Оңтүстік Қазақста	ан медицина академиясы» АК Сепter for Physical Education	нская медицинская академия» 044/64-16	
10. 12 st	Working Curriculum of the Discipline (Syllabus)	20 page out of 20	
6, 10, 15	St no et 10. 12 st no et 11.	2 Kir V3. 60 11 1 3	
0, 56, M. KT	3/2 War 60 47: 15 3/4, War 60 117: 15	1 ski 20. 600 11 1	
Wo. J. Gr. 411., 1	T 30 Ws. 60 M. 1 30, Ws. 60 M	14.17 sty 3. son 14.	
S. Wo. J. So. 47	, 17 35 Ws. 60, 17. 15 36, Ws. 600	11. 15 CKI, US. 601" I'K	
St. Way 60	17. 15 3/2, War 60, 47. L' 1 3/4, War 6	10 11 1 2 CKI, 49. 600"	
St. Wo. 6	1971, 15 36 War 60 471-615 341, War	600"1" F1 3 EKI, US. 60	
KI SK, Way	180 471, 15 36 War 60 471-61 36, W	9. 60 11 1 CKI, 49.	
1. KT 2K, W.	5, 60 m. 1 36, 48. 60 m. L. 1 3/2.	49. 6011114 1 3 KM 49.	
411. KT 2K	Vis. 60 471. 1 3/1, Vis. 60 711. 1 3 5/	K, 3. 600, 11/4, 1 2, 7ky,	
11. KT 34	, Way 60 471. 1 3/11, Way 60 271. 1/1 3	The South of the State of the S	
ier 411., KT	26 Wg. 60 Mr. 1 . 36, Wg. 60, 117, 14, 1	" KH, Wa. 600" I'H. 17 2,	
10 Jen 411. 17	26, 40, 60, 471. 15 , 3/1, 48. 60,"11/h	12 8K1 23. 601 11 1	
140 J. S. M.	T 36 40, 60 Mr. T 36, 40. 60, 11	1. 1. 1. 1. 1. 1. 1. 1. 1. 1. 1. 1. 1. 1	
1, 40 Sec 47	, 1 2 2 40 40 60 10 16 15 15 15 10 10 10 10 10 10 10 10 10 10 10 10 10	777. Fr. V. S.	
St. Was En	10. 15 2/2 War 60 10. 15 3/2, War 6	50, 17 14 15 EAL VS. 800"	
24 Wo 6	2 47. 15 36 Was 60 17. 15 36, Was	60,111,417 SKI, 49. 60	
KI SK Ma	60 m. T 30 was 60 m. 1 34, w	13. 601/17/4 SKI, V3.	
1. 15 24 W	o, 60 m. 1 . 40, 40. 60 m. 1 . 40,	Vs. 60, 11. 17 2 Kl. Vs	
411. KJ 2/2	4, 50 m. 1 2/2, 43. 60 m. 1 5	14, 43. 60 11 14, 1 3 KU	
50 111. 17 3	2, Way 60 47. 17 . 2K, Wa. 60 47. 16. 17.	, 5/1, 3. 600 11 1 2 5/2	
50 M. M	3K, Wg, 60 M. N 2K, Wg, 60 Mig.	r = = = = = = = = = = = = = = = = = = =	
10. 50 M. M	35, West 80 471, 15 35, West 80, 471.	11 441 War 601111411	
1400 JEG 411.	KT 2KULGUS SEGITI. KT 2K KULGUS SEGITI.	1.KT 2 2KW W. S. GO 911.KT	
160 Jis	1. 1 35 Wo SO M. 1 35 Wa. Go.	111. 17 ch, 43. 60,111;	
26 11/10 J. S.	90. 15 25 Wo 30 41. 15 25 Was	50, 10:47, 47, 48, 600,	
1 26 My	2 47. 15 26 W. S. S. 17. 15 36 W.S.	60 M. 17 St. Vs. 60	
Kr 26 Mg	3.60 M. T. 36 W. 60 M. T. 36 K	19. 60, 11. 11 , 9/1, 49.	
7. Kr 24.10	10 50 M. T 36 W. Co. 50 M. T 36	Wg. 60 Mr. 17 941 Wg	
gn. Kr 26	Wo 3 60 40. 1 30 WO 60 40. 1 5	y was 60 min 1 8/1,	
S. 90. Kr 3	6, Wo 3'60 40. To 36, Wo 60, W. T.	84 War 60 M. L. 17 84	
J. 6 9/11. Kr	SE WO SEC 40. KT SE WO SO M. K	1 3k was 60 m. 1	
10 3:00 9D. K	2 26 Wo 5 60 M. 1 36 Was 60 M.	12 3k War 60 11. 12	
Kylo Sign Syn.	the spilling so my to spilling so h	7. 15 34 War 60 471.6	
SIRVING SICOGI	). Kr 26 W. 56 M. T 26 W. 60	47. 15 3K, Wg. 60 47.	
2 SILVING J. C.	90. Kr 25 Wo 3'65 90. Kr 25 Wo	SO 171, 17 3/2, War SO	
1 31 KM	2 90. KT 24 WG 3 65 40. KT 25 WO	6, 41, 15 ex 40. 6	
Kr 2 St My	3.60 m. 15 24 Was so 41. 15 24 C	40, 60 M. 17 3K, Wa.	
n. Kr 26 M	1, 3'e m. 15 26 Was so m. 15 26	Way 60 471, 17 3/1, W	
901, Kr 26	" ( ) SK ( ) SK ( ) SK ( ) ( ) ( )	34, Way 60, 47. KT 34,	
in 90. Kr	2 / W. J. S. M. 15 34 W. S. 47. 15	St. Wo. 60 M.L. 17 St	
3.0 gn. Kr		1 3k ma ev 11. 12	
Jin Jin John K	1 22 Mg Jes 411. AT 24 Mg, 60 YII.	17 34 Wa. 60 Mil. 1	
Mus Jie Mi.	15 22 Wo J'ES 411. 15 30 Was 60 X	77. 15 3K, Wa. 60 477.K	
2, 120, 3:00 41	7. 15 22 Wo Sec 471. 15 2/2 W. S.	, 47., 15 str. 48. 60 "1	
	YO. 11 CL VO. 62 111, 17 CF, VO.	67 " 1" 1 " YT, " Y, " O,	